

JUNE 2024  
ISSUE 6  
Greendale Centre Newsletter



## WHAT'S ON AT THE GREENDALE CENTRE

- Venue Hire
- Activity Groups
- Community Groups
- Meals
- Events
- Outings
- Allied Health Services
- Information Sessions
- Hairdressing

**Inside this Issue:**

**June 2024**

**Events and Outings**



**12 Coombe Avenue, Armadale - Monday to Friday 8.30am to 4.00pm**  
**[www.dalecottages.com.au](http://www.dalecottages.com.au) - 9399 5393**

## **THURSDAY PUB GRUBS - June 2024\***

**6th June 2024**

**The Last Drop**

Beeliar WA 6164

**20th June 2024**

**Woodbridge Hotel**

Guildford WA 6055

\*Small Bus Events



**Thursday Pub Grub bus will leave the Greendale Centre  
at 11.30a.m. and return approximately 2.30p.m.  
Cost is \$15.00 per person for return bus trip and you are required  
to purchase your own meal and/or refreshments.**

## **FRIDAY OUTINGS - June 2024\***

**14th June 2024**

**Whiteman Park/Malaga Markets**

Whiteman & Malaga

**28th June 2024**

**Yanchep National Park &**

**Yanchep Inn**

Yanchep

\*Large Bus Events



See next page for outing information

**Friday Outings bus will leave from the Greendale Centre at 9.00a.m.  
and will return approximately 4.00p.m., (return time may vary  
due to activity and/or distance travelled). Cost is \$20.00 per person for  
return bus trip and you are required to purchase your event/activity  
ticket at the venue (if required), as well as your lunch and/or morning tea.**

**\*Please note numbers are limited for all outings -  
Maximum of 9 guests for the small bus  
Maximum of 23 guests for the large bus  
(Please advise if you have a wheelie walker when booking.)**

# **FRIDAY OUTINGS June 2024\***

## **Whiteman Park and Malaga Markets**

**14th June 2024**

**Whiteman Park - The Park is free to enter every day of the year, with a range of wildlife and transport heritage attractions.**

**The café space provides tea, coffee and a variety of savoury and sweet snacks.**

**After morning tea the bus will make it's way to the Malaga Markets for a couple of hours. Hopefully you will be able to find a bargain or two there and there are a variety of food stalls from which you can purchase your lunch.**



## **Yanchep National Park and Yanchep Inn**

**28th June 2024**

**Concession entry fee to the Park is \$3.50 per person. Park entry fee bus booking charge must be paid at the time of booking please.**

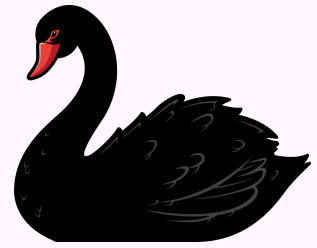
**Yanchep National Park is north of Perth, in Western Australia. It's bushland and wetlands are home to western grey kangaroos and rich birdlife. Trails include a raised boardwalk among trees inhabited by koalas. The Chocolate Drops Café has a variety of beverages and snacks for purchase.**



# "Celebrate WA Day"



**Greendale Centre**  
**Tuesday 4th June, 2024**  
**10.00am**



**WA Day takes place on the first week in June each year. It's a day to celebrate all Western Australians. This is a proud occasion for all of us to reflect and celebrate the people, places, community and culture that makes WA so special. We recognise our Aboriginal history, early European settlers and the many from all over the world who have made, and continue to make Western Australia their home.**

**Join us on Tuesday 4th June at 10.00am in the Greendale Centre Dining Room to celebrate this occasion.**

**Morning Tea provided - Gold Coin Donation.**

**Register your attendance at Greendale Centre, 9399 5393 or via website [www.dalecottages.com.au](http://www.dalecottages.com.au)**

**All welcome!**







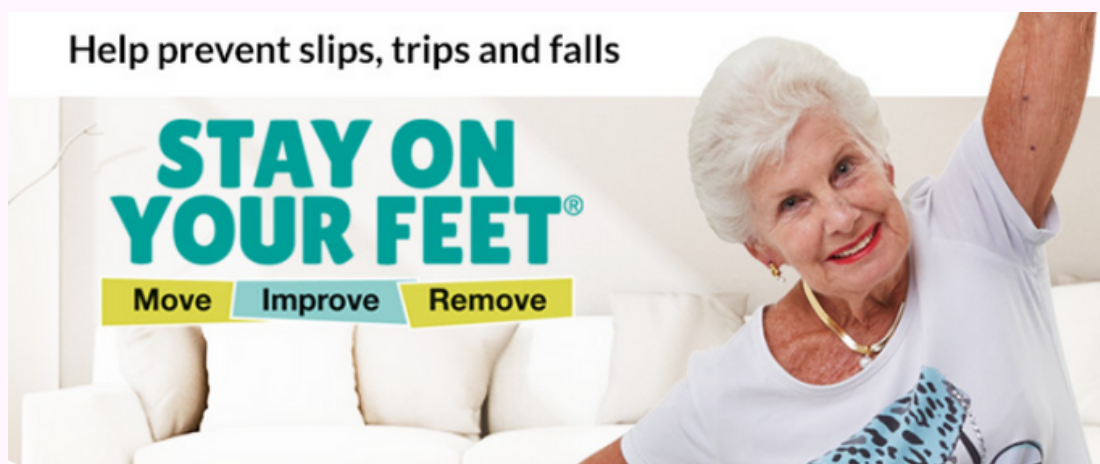
**Move Improve Remove**  
**(learn all aspects of preventing falls)**

**Greendale Centre**  
**Tuesday 25th June at 10:00am.**

**Stay On Your Feet is a community partner falls prevention initiative. Part of the initiative includes information for older adults to stay healthy and maintain mobility and independence. Most falls are predictable and preventable.**

**Our falls prevention service provides assessment, advice and exercise for older people who are at risk of falling. The service aims to prevent falls and unnecessary admission to hospital by seeing a patient before an injurious fall occurs or after a fall to rebuild strength, balance and confidence**

**Bookings Essential - Contact the Greendale Centre  
Tel. 9399 5393**





Dale Community Care

## *DALE COMMUNITY CARE*

### **In Home Care Services**

**Come and join us at the Greendale Centre on Tuesday 18 June 2024 at 9.30am-10.30am for a presentation by Sharon Moir, Manager Dale Community Care. Sharon will provide information regarding staying in your own home longer and details about the services provided by Dale Community Care and information regarding Aged Care Packages etc.**

**Greendale Centre Dining Room, 9.30am-10.30am  
Tea and Coffee will be provided.**

**Everyone is welcome to attend and bookings can be made at the Greendale Centre, by phone on 9399 5393, or via website [www.dalecottages.com.au](http://www.dalecottages.com.au)**





## **Greendale Centre** **community announcement**

After almost 6 years with the organization, our Marketing & Business Development Manager Caroline Power has given notice that she will leave Dale Cottages effective from Friday 31st May 2024, with her last day in the office being Thursday 23rd May as she will be taking some annual leave.

We pass on our sincere thanks to Caroline for the telling contribution that she has made to Dale Cottages during her tenure. Originally Caroline joined the organization at a time when there was a need to fill many vacant units within the village - quickly that focus broadened and Caroline has done a tremendous job of supporting Village Operations, the Greendale Centre and still having oversight of all of our marketing and business development opportunities. In addition to this Caroline supported in leading the organization through the global COVID-19 pandemic.

At this stage Caroline is going to take some time to consider her future and to think about the types of roles and organizations that will fit with her skillset and personal values. Please join me in thanking Caroline for her contribution - we wish her well in the future.

David Larmour  
Chief Executive Officer  
Dale Cottages



# GREENDALE CENTRE



## MENU - JUNE 2024

Mon	Tue	Wed	Thu	Fri
3 <b>PUBLIC HOLIDAY</b>	4 <b>Balsamic Honey Chicken</b> Pavlova with Fruit Salad	5 <b>Roast Lamb with Gravy</b> Baked Berry Cheesecake	6 <b>*MOW &amp; TA ONLY</b> <b>Beef Satay</b> Bread and Butter Pudding	7 <b>Battered Fish Fillets w/ Tartare Sauce &amp; Lemon</b> Creamed Rice with Berry Coulis
10 <b>Butter Chicken</b> Caramel Panna Cotta	11 <b>Beef and Mushroom Pie</b> Berry Crumble	12 <b>Roast Herb Chicken with Gravy</b> Sago Pudding	13 <b>*MOW &amp; TA ONLY</b> <b>Lamb Ragout</b> Tiramisu	14 <b>Battered Fish Fillets w/ Tartare Sauce &amp; Lemon</b> Pavlova with Fruit Salad
17 <b>Lamb and Vegetable Pie</b> Mango Mousse	18 <b>BBQ Chicken Fillet</b> Jellied Fruit	19 <b>Roast Pork with Apple Sauce</b> Summer Pudding	20 <b>MOW &amp; TA ONLY</b> Family Beef Casserole Coconut Mango Rice Pudding	21 <b>Battered Fish Fillets w/ Tartare Sauce &amp; Lemon</b> Panna Cotta
24 <b>Chicken Korma</b> Chocolate Mousse	25 <b>Pork Cassoulet</b> Baked Rum and Raisin Cheesecake	26 <b>Roast Beef with Gravy</b> Meringue Nest with Fresh Fruit	27 <b>*MOW &amp; TA ONLY</b> <b>Spiced Apricot and Lamb Tagine</b> Panna Cotta with Berry Coulis	28 <b>Battered Fish Fillets w/ Tartare Sauce &amp; Lemon</b> Apricot Crumble

Greendale Centre Dining Room Dine In 2 Course Meal (\$13.00).

12 noon - Monday, Tuesday, Wednesday & Friday

#Function Meals (\$30.00 per person), \*\*BBQ Meals (\$15.00 per person)

\*Meals on Wheels (\$15.00), Take Away - Available by Pre-Order (\$13.00)

Salads available by Pre-Order. All bookings by 10.00am on the day – 9399 5393

Please note this menu is subject to change without notice,

In this event we apologise for any inconvenience.]