

APRIL 2024
ISSUE 4
Greendale Centre Newsletter



WHAT'S ON AT THE GREENDALE CENTRE

- Venue Hire
- Activity Groups
- Community Groups
- Meals
- Events
- Outings
- Allied Health Services
- Information Sessions
- Hairdressing

Inside this Issue:

April 2024

Events and Outings



12 Coombe Avenue, Armadale - Monday to Friday 8.30am to 4.00pm
www.dalecottages.com.au - 9399 5393

THURSDAY PUB GRUBS - April 2024*

4th April 2024

Kardinya Tavern

17 South Street

Kardinya WA 6163

18th April 2024

C. Y. O Connor Village Pub

11 Erade Drive

Piara Waters WA 6112

Small Bus Events



**Thursday Pub Grub bus will leave the Greendale Centre
at 11.30a.m. and return approximately 2.30p.m.**

**Cost is \$15.00 per person for return bus trip and you are required
to purchase your own meal and/or refreshments.**

FRIDAY OUTINGS - April 2024*

12th April 2024

Walters at Point Walter

Point Walter Reserve

Bicton WA 6157

26th April 2024

Mundaring Weir Hotel

Mundaring Weir Road

Mundaring WA 6073



Large Bus Events

See next page for outing information

**Friday Outings bus will leave from the Greendale Centre at 9.00a.m.
and will return approximately 4.00p.m., (return time may vary
due to activity and/or distance travelled). Cost is \$20.00 per person for
return bus trip and you are required to purchase your entry/event/activity
ticket at the venue (if required), as well as your lunch and/or morning tea.**

***Please note numbers are limited for all outings -**

Maximum of 9 guests for the small bus

Maximum of 23 guests for the large bus

(Please advise if you have a wheelie walker when booking.)

FRIDAY OUTINGS*

Walters at Point Walter

Friday 12th April 2024

Enjoy lunch at the scenic Point Walter Reserve followed by a trip to Myaree to visit both Bunnings and the new Spotlight stores. You will be sure to grab a bargain or two.



Mundaring Weir Hotel

Friday 26th April 2024

“Spot the Kangaroos” and have a relaxing lunch at one of WA’s oldest hotels. After lunch we’ll visit the Weir Gallery to view some local art and craft by local talented artists .



Friday Outings bus will leave from the Greendale Centre at 9.00a.m. and will return approximately 4.00p.m., (return time may vary due to activity and/or distance travelled). Cost is \$20.00 per person for return bus trip and you are required to purchase your entry/event/activity ticket at the venue (if required), as well as your lunch and/or morning tea.

***Please note numbers are limited for all outings -**

Maximum of 9 guests for the small bus

Maximum of 23 guests for the large bus

(Please advise if you have a wheelie walker when booking.)

Morning Melodies
Don Russell Performing Arts Centre
Beatles Tribute Show

Wednesday 17th April, 2024



THE
BEATLES

Stewart Herbertson is a local musician and has been a Beatles fan for as long as he can remember. In this performance Stewart shares his favourite songs from the Beatles songbook.

Morning tea included in ticket price

Bus will leave Greendale Centre at 9.45am

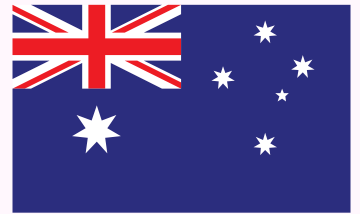
Doors open 10am for morning tea

Performance 11am - 12 pm

Cost is \$33.00 per person which includes bus, morning tea and show.

Payment is required at time of booking and is non refundable should you need to cancel.

This is a small bus event, numbers are limited and we will be unable to take wheelie walkers.



ANZAC DAY

Thursday 25th April 2024

Every ANZAC Day there is a Dawn Service at the Armadale Memorial Park followed by a gunfire breakfast and lunch at the RSL. A Remembrance Day Service is also held at Memorial Park followed by luncheon at the Club Rooms.

**Anzac Day 2023 Armadale
April 25, 2024 @ 5:30 am - 7:00 pm**

5:40am – Memorial Park, Jull Street, Armadale. Assembly for Service Members will be in Memorial Park (at rear of the Theatre) at 5:20am. We will then march around to the front of the War Memorial. There will be a breakfast at the RSL Sub-Branch following the Service.

Parking is available next to the RSL Sub-Branch, in the railway car park, which is wheel chair accessible and there is street parking available around Memorial Park.

Contact: Carol King

Email: secretary@armadalersl.com.au

Phone: 9497 1972.

**Please note the Greendale Centre will be closed
for this Public Holiday**



Sing-a-long with Rose Barbour Seasons Funerals

Tuesday 9th April 2024 at 1.30 pm
Join us at the Greendale Centre Dining Room
for afternoon tea, and a sing a long.
afternoon tea provided, gold coin donation please.

Bookings at the Greendale Centre, 9399 5393
or via website www.dalecottages.com.au

Saint George's Day

Join us at the Greendale Centre Dining Room
for morning tea, to celebrate Saint George's Day.
Enjoy some tales about what it was like in the
60's and 70's to be a "Ten Pound Pom"

Tuesday 23rd April 2024
1.30pm - 3.00pm
Afternoon Tea - Gold coin donation please.
Bookings at the Greendale Centre, 9399 5393
or via website www.dalecottages.com.au





- Hearing issues?
- 1 in 3 Australian over 65 suffer from hearing loss!
- Tinnitus annoying you?
- Vertigo or balance issues?
- Trouble with ear wax?

vCare Hearing can offer you specialised advice and affordable treatment with:
Hearing checks

Wax removal with micro-suctioning

Medical outcome reports to your chosen GP / Specialist Swimmers Ear Plugs

Musician Ear Plugs Hearing Aids and supplies

**Welcome to vCare Hearing, an independently family owned audiology clinic,
where your hearing, is our concern.**

**We were launched in Sept 2015, however, Dr Muthu has had over 25 years'
experience in the industry.**

**Our practice currently serves clients from children to adults, helping both
private clients and Aged Pensioners. We offer free hearing aids to Aged
Pensioners and affordable, high quality, specialised hearing care,
even in the convenience of client's homes.**

**Our comprehensive care aims at advocacy, education, prevention,
rehabilitation and community services.**

****We will be at Greendale Centre Armadale next on 16/04/2024 from 10am****

Contact us anytime Monday to Friday, 8.00am to 4.00pm on the following:

Phone: (08) 9394 8345

Email: admin@vcarehearing.com.au

**Head Office: Shop 17, Southern River Shopping Centre, cnr Ranford Rd &
Bristle Ave Southern River, 6110**

Audiologist: Dr Muthu Nachiappan Aud, JP, Prov #020623L. Prac #2654351A.

**Sites: Bridgetown, Manjimup, Nannup, Baldivis, Byford, Greendale Centre
Armadale, South Lake, Alexander Heights, Nedlands, Southern River, Willagee.**

MENU – APRIL 2024

Mon	Tue	Wed	Thu	Fri
1 EASTER MONDAY PUBLIC HOLIDAY	2 Pork Cassoulet Baked Rum and Raisin Cheesecake	3 Roast Beef with Gravy Meringue and Fresh Fruit	4 *MOW & TA ONLY Spiced Apricot and Lamb Tagine Panna Cota and Berry Coulis	5 Battered Fish Fillets w/ Tartare Sauce & Lemon Apricot Crumble
8 Beef Sausage in Onion Gravy Pear and Pineapple Crumble	9 Balsamic Honey Chicken Pavlova with Fruit Salad	10 Roast Lamb with Gravy Baked Berry Cheesecake	11 *MOW & TA ONLY Beef Satay Bread and Butter Pudding	12 Battered Fish Fillets w/ Tartare Sauce & Lemon Creamed Rice with Berry Coulis
15 Butter Chicken Caramel Panna Cotta	16 Beef and Mushroom Pie Berry Crumble	17 Roast Herb Chicken with Gravy Sago Pudding	18 *MOW & TA ONLY Lamb Rigout Tiramisu	19 Battered Fish Fillets w/ Tartare Sauce & Lemon Pavlova with Fruit Salad
22 Lamb and Vegetable Pie Mango Mousse	23 BBQ Chicken Fillet Jellied Fruit	24 Roast Pork with Apple Sauce Summer Pudding	25 ANZAC DAY PUBLIC HOLIDAY	26 Battered Fish Fillets w/ Tartare Sauce & Lemon Panna Cotta
29 Chicken Korma Chocolate Mousse	30 Pork Cassoulet Baked Rum and Raisin Cheesecake			

Greendale Centre Dining Room Dine In 2 Course Meal (\$13.00).

12 noon - Monday, Tuesday, Wednesday & Friday

#Function Meals (\$30.00 per person), **BBQ Meals (\$15.00 per person)

*Meals on Wheels (\$15.00), Take Away - Available by Pre-Order (\$13.00)

Salads available by Pre-Order. All bookings by 10.00am on the day – 9399 5393

Please note this menu is subject to change without notice,

In this event we apologise for any inconvenience.